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Dear Friends and Family,

As we are about to enter the Lenten Season – 40 days of **reflection**, repentance, prayer, fasting, and almsgiving to prepare for the celebration of Easter (Jesus' resurrection) – we share an interview with **Sister Monessa Overby.**

What struck me in particular was what she said about her ministry in counseling:

"I had to do my own inner work… it was healing. I always thought I was right in the midst of an awesome mystery when people began to see how loveable they were… that they could let go of the pain of many things that affected their lives… I always felt that I was the wounded healer receiving from those that came [for counseling]…"

Listen to her interview by clicking the link provided below, as she reflects on her life and ministries, what she learned, and what she hopes for the future.

Kathy Gatliff
Editor, Director of Communications

https://vimeo.com/1058685092/bf4b21ec53?share=copy