



Sisters of Saint Francis
Rochester, Minnesota

www.rochesterfranciscan.org

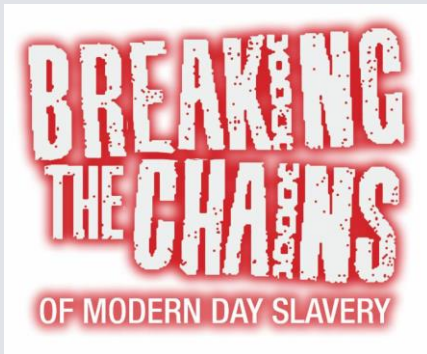
Prayers to Share



Monday, December 28, 2020

God of creation, I pray for countries throughout the world that face natural disasters. Embrace them with your love and help them recover.

Photo by [Vadim Sadovski](#) on [Unsplash](#)



Tuesday, December 29, 2020

Today I pray to be alert to the causes of human trafficking. May I end any action which may support global trafficking activities. Transform the hearts of predators to end the deception, control, and abuse of my sisters and brothers.



Wednesday, December 30, 2020

Today I pray for refugees throughout the world fleeing for safety and/or a life free from poverty. Protect refugees on their journeys. Reveal solutions to problems in their homelands. When needed, help them find new homes.

Photo by [Julie Ricard](#) on [Unsplash](#)



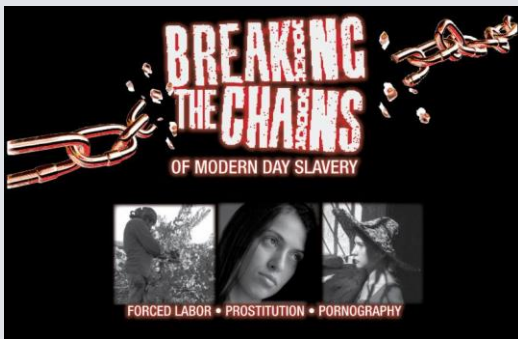
Thursday, December 31, 2020

God, I pray for the restoration of my spirit that has been weighed down by constant news of division and injustice. May the good news that You are with us continue to lift us up in hope.



Friday, January 1, 2021

New Year's Day - Today I remember in prayer all of the migrants moving through the world who are seeking relief from violence and poverty. Enable me to see past my biases and justifications, to witness to and assist these sisters and brothers as You would.



Saturday, January 2, 2021

God, you know all of our stories, including those hidden from society. I ask You to be with victims of human trafficking. Free them from being trapped in unjust labor or sexual exploitation. Stop people from profiting in the shadows.



Sunday, January 3, 2021

Compassionate God, please accompany those in despair or struggling with mental health. Use me to let people know they are not alone.

[VISIT OUR WEBSITE](#)



Submit your prayer ideas:

info@rochesterfranciscan.org

Request a prayer:

<https://rochesterfranciscan.org/prayer-request/>

Donations are always accepted and appreciated to support the ministries of the Sisters:

<https://rochesterfranciscan.org/donate/>

Daily Prayer content compliments Sisters of St. Joseph of Orange: www.100daysofprayer.net

Images courtesy of Pixabay.

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