Monday, August 3, 2020

Today I pray for the workers who help care for the women religious, and for the Sisters who are ill or have passed away due to COVID-19. I pray for Your strength and love to fill the hearts of their congregations.

Tuesday, August 4, 2020

Today I pray for peace in the world, and that I will take part in helping it to grow. Help me to remember that we are all brothers and sisters, and that I can love even those whom I do not always like or with whom I disagree.

Wednesday, August 5, 2020

Today I pray for young people whose lives have been interrupted and who are questioning their next steps. I pray You embrace them with resilience, hope, and faith in Your love for us.
Thursday, August 6, 2020

Merciful God, I pray that affordable healthcare, a living wage, and paid family leave be afforded to people of color who have often struggled with inequities due to systemic racism.

Friday, August 7, 2020

Today I pray for mutual respect that allows us to dialogue and listen without blame or judgement. I pray for guidance that will help me be open to a different point of view.

Saturday, August 8, 2020

God of unity, I pray for an end to unfair representation in our vulnerable communities that is a result of gerrymandering. I pray that people be given the resources needed to cast their vote.

Sunday, August 9, 2020

God of hope, guide me to understand that as a person of faith I can use my right to vote in the coming elections for the greater good. May I see political engagement as an opportunity to engage in social justice.
Submit your prayer ideas:
info@rochesterfranciscan.org

Request a prayer:
https://rochesterfranciscan.org/prayer-request/

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