Monday, June 29, 2020

Today I pray for wisdom as I communicate with those around me through my words, my actions, my decisions, and my social media activity. Help me to speak and act thoughtfully and lovingly.

Tuesday, June 30, 2020

God of love, I pray for the grace to allow You to guide me in the choices I make. Help me not to look back in sorrow, but to look forward in hope. Empower my actions to restore relationships.

Wednesday, July 1, 2020

God of all, please care for all essential workers on the front lines in harm’s way. Protect their health and their livelihoods with just, living wages.
Thursday, July 2, 2020

Today I give thanks for the technology that allows me to communicate with my far-off loved ones, stay informed, do my job, and travel swiftly from one place to another. Help me to use technology wisely and temperately.

Friday, July 3, 2020

Loving God, I pray for our children during this season of long days and warm nights. Please keep them safe as they enjoy the summer and we continue to adjust to new safety measures to preserve everyone’s health.

Saturday, July 4, 2020

INDEPENDENCE DAY ~ Today I give thanks for those men and women who laid the groundwork for our nation. I pray that we will work together to build a country that nurtures unity, justice, and tranquility.

Sunday, July 5, 2020

All-knowing God, please help me to hold Your love in my heart so I can truly love the dear neighbor, comfort the sick and dying, feed the hungry and clothe the naked, protect the vulnerable, and share Your peace with the world.
Submit your prayer ideas:
info@rochesterfranciscan.org

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