Monday, June 8, 2020

God of all creation, help me remember that each thing I do impacts many others. Show me that my actions are not too small for a big world. Guide my actions so they bring my brothers and sisters together.

Tuesday, June 9, 2020

Today I pray that Your Holy Spirit may teach me what to say to my brothers and sisters and that they may hear it clearly. Unite us with clear communication.

Wednesday, June 10, 2020

God of compassion, guide me so I do not look away from injustice, hatred, and violence against people of color. I pray I acknowledge the need to dismantle structural and institutional racism in our nation.

Thursday, June 11, 2020

God of all, I pray that I may follow Your great commandment to love my neighbor as myself, particularly when I encounter someone whose stances or beliefs contradict my own.
Friday, June 12, 2020

Merciful God, give me the grace to forgive those who I believe have wronged me, and to seek forgiveness where I may have hurt or harmed another. Help me to see all my brothers and sisters through eyes of love, as You do.

Saturday, June 13, 2020

God of joy, I pray that I may delight in Your creation just as You do. Guide me to stop and smell the flowers, to listen to the birds sing, and to truly see the glory of all that surrounds me. Lead me to protect our common home.

Sunday, June 14, 2020

God of healing, I pray for a unified effort by government leaders, police departments, and related institutions and operational structures to address systemic racism in our nation.

Submit your prayer ideas:
info@rochesterfranciscan.org

Request a prayer:
https://rochesterfranciscan.org/prayer-request/

Daily Prayer content compliments Sisters of St. Joseph of Orange www.100daysofprayer.net